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## BOOK REVIEWS

**THE HEALTHY CHILD FROM TWO TO SEVEN.** By F. H. MacCarthy, M.D. The Macmillan Company, New York. 235 pages. Price, \$1.50.

That parents, nurses and workers for Child Welfare need a handbook to act as guide, counsellor and friend for them in their daily needs is probably acknowledged by all who belong in this group.

There is a certain danger, however, that the untrained worker in this field of endeavor may make the mistake of taking one handbook and making it her absolute guide rule, not realizing that in professional matters there is difference of opinion, and rightly so, for there is still much to be learned and much to be proven in this all important study of the well being of the child.

Children vary, conditions vary, physicians vary in their opinions, and no general outline of the care and feeding of children should be taken too literally and quoted as the law and gospel.

Certain rules of feeding laid down by Dr. MacCarthy for instance would undoubtedly be the cause of much discussion among professional people. But as a handbook it is sure to be helpful with its many practical suggestions as to the needs of children and how to meet them. It is evidently written by one who knows the common mistakes made by those to whose care children are entrusted, and who may be giving loving care without wisdom and understanding.

The book will be valuable because of the reasonableness and definiteness of the suggestions in the chapters dealing with the psychological needs of the child. Those who do not know will learn, and those who have been trained will be stimulated by reading this book.

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**STUDIES IN CHILD WELFARE: THE PHYSICAL GROWTH OF CHILDREN FROM BIRTH TO MATURITY, AND THE RELATION BETWEEN MENTAL AND PHYSICAL GROWTH.** By Bird T. Baldwin, M.D. Price, \$3.00.

Many years ago Dr. Baldwin saw the need for more scientific data on the growth of children, and undertook a series of experimental investigations on the problems of physical growth, individual differences in growth, interrelation of the growth of physical traits, basic principles of development and their relationships, and the physiological age, with practical application to nutrition, physical education, mental growth, social adjustments, school progress and the entrance of children into industry.